

## SEROLA SIJ BELT - ABDOMINAL BINDER

\$70.00



SKU: BB-SER-H



## PRODUCT DESCRIPTION

### Purpose & Benefits of Serola SIJ Belt - Abdominal Binder

The Serola SIJ Belt - Abdominal Binder is specially designed to stabilise the sacroiliac joints and reduce stress on the base of the spine, particularly during physical activities. This belt is essential for individuals experiencing SI joint pain, lower back discomfort, or those in the recovery phase postpartum or after abdominal surgeries. By compressing and supporting the sacroiliac joints, the belt aids in maintaining proper alignment and reducing inflammation, which in turn helps to alleviate pain and enhance mobility.

### Features

- **Targeted Compression:** Delivers precise compression to the sacroiliac joints, helping to stabilise these joints and relieve pain.
- **Durable Material:** Made from high-quality, breathable materials that ensure comfort and longevity, even with daily wear.
- **Adjustable Fit:** Features a wide range of adjustability to ensure a snug fit that maintains effectiveness without restricting movement.
- **Supportive Design:** Specifically contoured to fit around the hips and across the lower back, providing optimal support where it's needed most.
- **Versatile Use:** Ideal for athletes, individuals suffering from chronic back pain, or those recovering from surgery.

### Provides Relief For:

- Back pain
- Hip pain

- Symphysis Pubis Dysfunction
- Pelvic girdle dysfunction
- Upper leg pain
- Pelvic pain
- Rehabilitation
- Ligamentous remodelling
- Correct joint biomechanics

## Specifications

- **Material:** Constructed from a durable and flexible fabric blend
- **Sizes:**
  - Small (76 cm to 86 cm Hip Measurement)
  - Medium (86 cm to 102 cm Hip Measurement)
  - Large (102 cm to 117 cm Hip Measurement)
  - X-Large (117 cm to 132 cm Hip Measurement)
- **Care Instructions:** Easy to care for, with a simple hand-wash and air-dry process to maintain its elasticity and support.

The Serola SIJ Belt - Abdominal Binder is a practical solution for managing discomfort associated with sacroiliac joint dysfunction. Its thoughtful design and effective support make it a recommended choice by healthcare professionals for patients requiring stabilisation for their lower back and pelvic area.