

BACK BALLS - BAKPHYSIO BAKBALLS

\$53.00



SKU: BAKBALLBK



PRODUCT DESCRIPTION

BACK BALLS PURPOSE AND BENEFITS

Back Balls can immediately relieve your back pain and stiffness. Using BakBalls daily can loosen a stiff and painful spine, accelerate your recovery from back injuries and reduce the chance of your back pain recurring. By exerting localised pressure on stiff joints, BakBalls allow you to safely self-treat your back pain and stiffness.

Designed to match the anatomy of your spine and provide therapeutic force directly onto the most commonly painful regions of the spine. Developed by an Olympic Sports Physiotherapist, Bakballs are unique in their anatomical design, portability and ease of use.

TYPES

- **Regular red** is recommended for those who are using BakBalls for the first time, have a particularly tight back, prefer a mild to moderate pressure in a massage, or are in their older years.
- **Black firm** is recommended for those who are ready to progress from regular red [BakBalls](#) after 3-6 months of use, or prefer strong manual treatments and massages.

Buy BakPhysio Back Balls and other body part recovery products online at MediMart using Afterpay or [NDIS method](#) today!