



NICE STRETCH® 90

\$91.00 - \$92.00Price range: \$91.00 through \$92.00Online Only



SKU: NS-50311-H

PRODUCT DESCRIPTION

Purpose & Benefits of the Nice Stretch® 90

The Nice Stretch® 90 is a specially designed night splint intended for use by individuals suffering from plantar fasciitis, Achilles tendonitis, and other related lower extremity disorders. This device is engineered to maintain the foot in a 90-degree dorsiflexed position, which gently stretches the plantar fascia and Achilles tendon overnight. By keeping these tissues elongated, the Nice Stretch® 90 helps reduce the morning pain and stiffness commonly associated with these conditions. It's an effective treatment option that promotes healing during sleep, making it a preferred choice for both preventive care and recovery enhancement.

Features

- **Fixed Angle Support**: Maintains the foot at an optimal 90-degree angle, ensuring effective stretching of the plantar fascia and Achilles tendon.
- **Comfortable Design**: Features padded lining and a soft, breathable fabric cover that enhances comfort throughout the night.
- Adjustable Straps: Includes adjustable straps that secure the foot and ankle in place, preventing movement that could disrupt the therapeutic position.
- **Compact and Lightweight**: Unlike bulkier designs, this splint is relatively compact and lightweight, making it less obtrusive and more comfortable for overnight use.
- **Passive Stretch**: Provides a passive, consistent stretch to the lower extremities without active effort, which is ideal for nighttime use.
- **Removable Ice Pack**: This comes with a removable ice pack that can be used for cold therapy to reduce inflammation and provide pain relief.



Specifications

- Material: High-quality, durable plastic frame with padded lining and breathable fabric.
- Size: Available in multiple sizes to accommodate various foot sizes.
- Care Instructions: The fabric cover is removable and machine washable for easy maintenance.