



NICE STRETCH® X LITE

\$49.00Online Only



SKU: NS-50320

PRODUCT DESCRIPTION

Purpose & Benefits of Nice Stretch® X Lite

The Nice Stretch® X Lite is an innovative, lightweight night splint designed for the treatment and prevention of plantar fasciitis and other related foot disorders. This splint aims to alleviate heel pain and stiffness by maintaining a gentle stretch on the plantar fascia and Achilles tendon throughout the night. Its user-friendly design promotes active participation in recovery and preventive care, as it supports consistent overnight stretching. Ideal for sufferers of plantar fasciitis looking for a less cumbersome alternative to traditional night splints, the Nice Stretch® X Lite offers a comfortable, effective solution that doesn't disrupt sleep.

Features

- **Low-Profile Design:** Features a compact and lightweight structure that minimizes bulk, enhancing comfort during sleep.
- **Adjustable Dorsiflexion:** Allows for controlled adjustment of the stretch intensity, tailoring the therapy to meet individual needs and comfort levels.
- **Breathable Material:** Constructed from breathable fabrics that keep the foot cool and dry, preventing overheating and discomfort.
- **Padded Interior:** Ensures a soft, cushioned feel against the foot, reducing the risk of irritation or skin damage.
- **Single Strap Closure:** Equipped with a simple single strap that secures the foot and ankle, ensuring the splint remains in place throughout the night without being overly restrictive.
- **Portable and Travel-Friendly:** Easy to pack and carry, making it convenient for travellers and those who need relief on the go.

Specifications

- **Material:** Durable yet lightweight materials combined with breathable fabric.
- **Size:** Universal
- **Care Instructions:** Easily cleaned with a damp cloth; check for any specific instructions regarding the care of padded areas.