

**NICE STRETCH® X****\$75.00****SKU:** NS-51020-H**PRODUCT DESCRIPTION****Purpose & Benefits of Nice Stretch® X**

The Nice Stretch® X is a premium night splint designed to alleviate the symptoms of plantar fasciitis, Achilles tendonitis, and other related lower extremity disorders. This device effectively holds the foot in a dorsiflexed position during sleep, applying a consistent stretch to the plantar fascia and Achilles tendon. This therapeutic positioning helps reduce the typical morning pain and stiffness associated with these conditions. Additionally, the Nice Stretch® X incorporates features that enhance user comfort and compliance, making it an ideal choice for long-term treatment and prevention of foot and ankle discomfort.

Features

- **Controlled Dorsiflexion:** Allows for adjustable angles of dorsiflexion to customize the stretch according to individual therapeutic needs, maximizing comfort and effectiveness.
- **Coupling Straps:** Features unique coupling straps that adjust the foot and ankle at the appropriate angle for optimal healing.
- **Removable Ice Pack:** Includes a removable ice pack that can be utilized for cryotherapy, helping to reduce inflammation and pain.
- **Padded Lining:** The interior is padded with soft materials to enhance comfort during overnight use, making it easier to tolerate for extended periods.
- **Compact Design:** Unlike bulkier models, this splint boasts a more streamlined design, which reduces bulkiness and discomfort, facilitating better sleep.
- **Non-skid Sole:** Equipped with a non-skid sole that provides traction and safety when walking to and from bed.

Specifications

- **Material:** Made from high-quality, durable materials that are built to last while providing maximum comfort.
- **Size:** Available in multiple sizes to accommodate a range of foot sizes for both men and women.
- **Care Instructions:** The removable parts allow for easy cleaning and maintenance. The fabric can be spot-cleaned, and the ice pack should be maintained according to the manufacturer's instructions.